Coverage to

Coverage for: Individual/Household | Plan Type: EAP

Coverage Period: 7/1/2018-6/30/2019

County of Pulaski

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>OptimaEAP.com</u> or call 1-800-899-8174. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>healthcare.gov/sbc-glossary</u> or call 1-800-899-8174 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Yes. Up to 3 EAP visits are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
What is not included in the <u>out-of-pocket limit</u> ?	EAP visits not authorized, or in excess of the <u>plan</u> visit limit, and healthcare this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. Contact Optima EAP at 1-800-899-8174 for a list of EAP network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

Common	Services You May Need	What You Will Pay In-Network Provider Out-of-Network Provider		Limitations, Exceptions, & Other Important
Medical Event	, , , , , , , , , , , , , , , , , , , ,	(You will pay the least)	(You will pay the most)	Information
If you visit a health	Primary care visit to treat an injury or illness	Not covered	Not covered	none
care provider's office	Specialist visit	Not covered	Not covered	none
or clinic	Preventive care/screening/immunization	Not covered	Not covered	none
If you have a test	Diagnostic test (x-ray, blood work)	Not covered	Not covered	none
	Imaging (CT/PET scans, MRIs)	Not covered	Not covered	none
If you need drugs to	Selected Generic drugs (Tier 1)	Not covered	Not covered	
treat your illness or condition More information about	Selected brand and other generic drugs (Tier 2)	Not covered	Not covered	none
prescription drug coverage is available at	Non-selected brand drugs (Tier 3)	Not covered	Not covered	
www.optimahealth.com	Specialty drugs (Tier 4)	Not covered	Not covered	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	Not covered	Not covered	none
surgery	Physician/surgeon fees	Not covered	Not covered	none
	Emergency room care	Not covered	Not covered	none
If you need immediate medical attention	Emergency medical transportation	Not covered	Not covered	none
	Urgent care	Not covered	Not covered	none
If you have a hospital	Facility fee (e.g., hospital room)	Not covered	Not covered	none
stay	Physician/surgeon fees	Not covered	Not covered	none

 $[\]hbox{* For more information about limitations and exceptions, see the plan or policy document at $\underbrace{\mathsf{OptimaEAP.com}}$.}$

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No charge for EAP	Not covered	3 visits/presenting issue by Optima EAP providers only. Services limited to short-term problem assessment by licensed behavioral health providers, and referral services.	
	Inpatient services	Not covered	Not covered	none	
	Office visits	Not covered	Not covered		
If you are pregnant	Childbirth/delivery professional services	Not covered	Not covered	none	
	Childbirth/delivery facility services	Not covered	Not covered		
	Home health care	Not covered	Not covered	none	
If you need help	Rehabilitation services	Not covered	Not covered	none	
recovering or have other special health	Habilitation services	Not covered	Not covered	none	
needs	Skilled nursing care	Not covered	Not covered	none	
	Durable medical equipment	Not covered	Not covered	none	
	Hospice services	Not covered	Not covered	none	
	Children's eye exam	Not covered	Not covered	none	
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	none	
	Children's dental check-up	Not covered	Not covered	none	

^{*} For more information about limitations and exceptions, see the plan or policy document at OptimaEAP.com.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Ambulance
- Bariatric surgery
- Chiropractic care
- Cosmetic surgery
- Dental care (adult)
- Diagnostic test
- Durable medical equipment
- Emergency room services
- Glasses
- Habilitative services
- Hearing aids

- Home health care
- Hospice care
- Imaging test
- Infertility treatment
- Inpatient surgery
- Long-term care
- Maternity care and delivery
- Mental/behavioral health inpatient and outpatient Non-emergency care when traveling outside the U.S.
- Outpatient surgery
- Pediatric eye exam

- Pediatric dental check-up
- Prescription drugs
- Preventive care/screening/immunization
- Primary care visit
- Private-duty nursing
- Rehabilitative services
- Routine eye exam (adult)
- Routine foot care
- Skilled nursing
- Specialist visit
- Urgent care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Your Rights to Continue Coverage:

For more information on your rights to continue coverage, contact the plan at 1-800-899-8174. There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Virginia State Corporation Commission, Life & Health Division, Bureau of Insurance, at 1-877-310-6560 or bureauofinsurance@scc.virginia.gov; the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform; or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Member Services at the number on the back of your member ID card. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>; or your state department of insurance at the Virginia State Corporation Commission, Life & Health Division, Bureau of Insurance, P.O. Box 1157, Richmond, VA, 23218, 1-877-310-6560 or <u>bureauofinsurance@scc.virginia.gov</u>.

Additionally, a consumer assistance program can help you file your appeal. Contact the Virginia State Corporation Commission, Life & Health Division, Bureau of Insurance, P.O. Box 1157, Richmond, VA, 23218, 1-877-310-6560, or bureauofinsurance@scc.virginia.gov.

Does this plan provide Minimum Essential Coverage? No

^{*} For more information about limitations and exceptions, see the plan or policy document at OptimaEAP.com.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? No

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

^{*} For more information about limitations and exceptions, see the plan or policy document at OptimaEAP.com.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800
In this example, Peg would pay:	

Cost Sharing		
Deductibles	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$12,800	
The total Peg would pay is	\$12,800	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Total Example Cost

Durable medical equipment (glucose meter)

In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$7,400	
The total Joe would pay is	\$7,400	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$7,400

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900

In this example, Mia would pay:

Cost Sharing		
Deductibles	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$1,900	
The total Mia would pay is	\$1,900	

Optima Health Alternative Language Options for Notices and other Written Information

English: This Notice has Important Information. This notice has important information about your application or coverage through Optima Health. Look for key dates in this notice. You may need to take action by certain deadlines to keep your health coverage or help with costs. You have the right to get this information and help in your language at no cost. Call 1-855-687-6260.

Amharic:

ይህ ማስታወቂያ ጠቃሚ መረጃ አለው፡፡ ይህ ማስታወቂያ ስለ ማመልከቻዎ ወይም በOptima Health በኩል ስለሚኖርዎት ሽፋን ጠቃሚ መረጃ አለው፡፡ በዚህ ማስታወቂያ ላይ ያሉትን ቁልፍ የሆኑ ቀናቶችን ያስተውሉ፡፡ የጤና ሽፋንዎትን ለማስቀጠል ወይም ወጪዎትን ለማገዝ እንዲቻል በተወሰኑ የጊዜ ገደቦች እርምጃ መውሰድ ሊያስፌልግዎ ይችላል፡፡ በራስዎ ቋንቋ ያለምንም ክፍያ ይህን መረጃም ሆነ ድጋፍ የማግኘት መብት አለዎት፡፡ 1-855-687-6260 ይደውሉ።

Arabic:

يوتحد اذه راطخلاا على عضير اوتلا تميسيئرلا ي انه الإخطار، دقة جاتحة علا ذاه الإخطار، دقة جاتحة علا ذاه الإخطار، دقة جاتحة علا ذاخة الإخطار، دقة جاتحة علا ذاخة الإخطار، دقة جاتحة علا ذاخة عاسمالو كتغلبذ ودبد أ تكلفة عجري الصدلا 1 -85-867-862 وحدار بالمواعملا والمتعلل على على المواعملا والمتعلل على المواعملات المواعملات على المواعملات على المواعملات على المواعملات المواعم المواعملات المواعم ا

Bengali/Bangla:

এই িব�ি�েত ব়�পূণ তথ েবেমছ। এই ��ােশেন Optima Health (িঅ�মাা েহলখ) –এর মাধ্যমে দািখল করা আপনার দরখা� বা কভাােরেজর উপর র�পূণ তথ েরেমছ। এই িব�ি�েত

েউ�থ করা ��পূণ তািরখে লা েেদেথ িনন। আপনার েহলথ কভােরেজ বজায় রাথার জন

বা থেরচর িবেষয় সহায়তা লাভের জন আপ

িিলদ � সম্য়সীমার েমধ

বব�া �হণ কেরত

েহত পাের। িবনা থেরচ আপনার মাতৃতাষায় এই তথ এব ং সহায়তা পাওয়ার িঅধকার আপনার েরেয়ছ।. কল 1–855–687–6260.

Chinese (Mandarin):

该通**知含有重要信息**。本通知含有关于0ptima Health申请或保险的重要信息。请仔细查看本通知中的关键日期。您需要在截止期之前采取相应的行动,从而保障您的保险继续有效、能够为您提供报销。您有权免费获取信息的中文版、并可以免费获取到相关的中文帮助。請撥電話 1-855-687-6260.

French: Cet avis a d'importantes informations. Cet avis a d'importantes informations sur votre demande ou la couverture par l'intermédiaire de Optima Health. Rechercher les dates clés dans le présent avis. Vous devrez peut-être prendre des mesures par certains délais pour maintenir votre couverture de santé ou d'aide avec les coûts. Vous avez le droit d'obtenir cette information et de l'aide dans votre langue à aucun coût. Appelez 1-855-687-6260.

German: Diese Benachrichtigung enthält wichtige Informationen. Diese Benachrichtigung enthält wichtige Informationen bezüglich Ihres Antrags auf Krankenversicherungsschutz durch Optima Health. Suchen Sie nach wichtigen Terminen in dieser Benachrichtigung. Sie könnten bis zu bestimmten Stichtagen handeln müssen, um Ihren Krankenversicherungsschutz oder Hilfe mit den Kosten zu behalten. Sie haben das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Rufen Sie an unter 1-855-687-6260.

Hindi:

इस सूचना म� महत् वपूणर जानकारी िनहत है। इस सूचना म� Optima Health के माध् यम से आपके आवेदन या कवरेज के बारे म� महत् वपूणर जानकारी िनहत है। इस सूचना म� िनहत महत् वपूणर ितिथय� को देख�। आपको लागत के साथ अपने स् वास्थ् य का कवरेज रखने या सहायता के िलए िन�त समय सीमा म� काररवाई करने क� ज�रत हो सकती है। आपके पास िबना �कसी लागत के अपनी भाषा म� इस जानकारी और सहायता को �ा� करने का अधकार है। कॉल 1-855-687-6260

Ibo: Okwa a nwere Ozi Di Mkpa. Okwa a nwere ozi di mkpa maka akwukwo anamachoihe ma o bu mkpuchi gi sitere na Optima Health (Ahuike Optima). Choo ubochi ndi di mkpa n'okwa a. I nwere ike ime ihe tupu ufodu ubochi iji dowe mkpuchi ahuike gi ma o bu enyemaka n'ugwo. I nwere ike ikike inweta ozi na enyemaka a n'asusu gi na akwuqhi ugwo o bula. Kpo 1-855-687-6260

Korean: 이 공지는 매우 중요한 정보입니다. 이 공지는 옵티마 핼스를 통한 귀하께 적용되는 지원이나 보험에 대한 매우 중요한 정보입니다. 이 공지의 주요 날짜를 찾아보십시오. 귀하께서는 귀하의 건강 보험이나 비용에 관한 도움에 관련된 특정 마감일을 지켜야만 합니다. 귀하께서는 따로 비용없이 귀하의 언어로 이 정보와 도움을 받을 권리가 있습니다. 로 전화하십시오 1-855-687-6260.

Kru/Bassa: Náùm pò wùdù nà kε kpà dε mìù. O mo de kpà de bá nì dyí kánà-kánà dyì dé Optima Health mú. Mo tì kpà de bề nì dé náùm pò wùdùo mù. Mo tì kpà de bề nì dé náùm pò wùdùo mù. Mo tì kpà de bề nì dé náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò wùdùo mù. Mo tì kpà de bề nì de náùm pò de náùm pò de náùm pò de náùm pò de naùm pò mùo tì kpà de bề nì de náùm pò de naùm pò mùo tì kpà de bề nì de naùm pò mùo tì kpà de bè nì de naùm pò mùo tì kpà de bè nì de naùm pò mùo tì kpà de bè nì de naùm pò mùo tì kpà de bè nì de naùm pò mùo tì kpà de bè nì de naùm pò mùo tì kpà de bè nì de naùm pò mùo tì kpà de bè nì de naùm pò mùo tì kpà de bè nì de naùm pò mùo tì kpà de naùm pò

Navajo: Díí saad ílíinii baa hane'. Naaltsoos ni'ííníltsoozígíí éí doodago kwe'é Optima Health nik'é'ésti'ígíí bína'ídílkidgo díí kwe'é hazhó'ó baa ákonínízin dooleeł. Yoołkááł yęędą́a' nich'į' é'élyaago biká'ígíí hádídíí'įįł. Díí niké'ésti'ígíí éi doodago béeso da bee níká a'doowołígíí bikáa'go da át'ée dooleeł áko t'áadoo bee e'e'aahí baa yíłkaahgo tsxįį́łgo hasht'e díílííł níi da dooleeł. Bee haz'áanii hólódíí kót'éego yaa halne'ígíí bee níká a'doowołgo dóó t'áá nizaadk'ehjí bee nił hodoonih t'áadoo baá hílíní. 'Átah ánót'í'ígíí bee baa 'áháyáagéé bich'j' bibéésh bee hane'í hwéédilní. 1-855-687-6260.

Persian/Farsi:

نیا میملاعا به واحتاعلاطا ی مهم تسا. نیا میملاعا به واحتاعلاطا ی مهم هرابرد تساوخرد امشو ششوپ Optima Health مجرات ی اهی دیلک ناونه و دشر د نیا میملاعا تقد کنید. نکمه تسا مزلا دشابه ات کید خیرات روقه صاخ میلا در ایم این ات کاملاعا و معنوگره میامنهار رگید از مجرنابز ناتدوخ و مجرت روصدناگیار تفایرد کنید. 1-855-887-620

Russian: В данном уведомлении содержится важная информация. В данном уведомлении содержится важная информация о Вашей заявке или страховом покрытии в компании Optima Health. Обратите внимание на важные даты, указанные в данном уведомлении. Если Вы хотите продолжать пользоваться мед.страхованием или получить помощь с оплатой, возможно, Вам потребуется принять решение до определенной даты. У Вас есть право на бесплатное получение данной информации и помощи на родном языке. Звоните по телефону 1-855-687-6260.

Spanish: Este Aviso contiene información importante. Este aviso contiene información importante acerca de su solicitud o cobertura a través de Optima Health. Preste atención a las fechas clave que contiene este aviso. Es posible que deba tomar alguna medida antes de determinadas fechas para mantener su cobertura médica o ayuda con los costos. Usted tiene derecho a recibir esta información y ayuda en su idioma sin costo alguno. Llame al 1-855-687-6260.

Tagalog: Ang Paunawang Ito ay Naglalaman ng Mahalagang Impormasyon. Ang paunawang ito ay naglalaman ng mahalagang impormasyon tungkol sa inyong aplikasyon o saklaw sa pamamagitan ng Optima Health. Hanapin ang mahahalagang petsa na nakasaad sa paunawang ito. Maaaring kailanganin ninyong gumawa ng hakbang bago sumapit ang ilang partikular na takdang petsa upang mapanatili ang inyong saklaw na pangkalusugan o tulong sa mga gastusin. Mayroon kayong karapatan na matanggap ang impormasyong ito at makakuha ng tulong sa inyong wika nang walang bayad. Tumawag sa 1-855-687-6260.

Urdu:

Vietnamese: Thông báo này có thông tin quan trọng. Thông báo này có thông tin quan trọng về đơn đăng ký hoặc về bảo hiểm của quý vị thông qua Optima Health. Quý vị hãy xem những ngày quan trọng trong thông báo này. Quý vị có thể cần đưa ra hành động trước ngày hết hạn cụ thể để duy trì bảo hiểm sức khỏe của quý vị hoặc hỗ trợ thanh toán cho các chi phí. Quý vị có quyền nhận được thông tin và sự hỗ trợ này theo ngôn ngữ mà quý vị muốn mà không phải trả thêm chi phí nào. Xin gọi số 1-855-687-6260.

Yoruba: Àkíyèsí yìí ní Àlàyé Pàtàkì. Àkíyèsí yìí ní àlàyé pàtàkì nípa ohun tí o bèèrè fún tàbí gbígbà ìtójú nípasè Optima Health. Wo àwon ojó tó şe kókó nínú àkíyèsí yìí. O lè nílò láti gbé ìgbésè nípa gbèdéke kan láti şètójú ìlera re tàbí şèrànw ó nípa iye òwó. O ní ètó láti gba àlàyé yìí àti ìrànwó yìí ní èdè re láìsan owó. Pè sórí 1-855-687-6260.